

Attention all Busy Mums ! Oak Whispers presents

SOUL COACHING EVENING SERIES



Give yourself the gift of time.

Join me, Paula Hughes, the founder of Oak Whispers, for a series of Soul Coaching evenings this July at the Ratoath Community Centre.

In Soul Coaching we create a quiet place for you to relax, unwind and listen to your inner wisdom..

Each week we gather in circle and with the magical elements of Air, Water, Fire and Earth we gently shake loose that which no longer serves us we create our best year yet.

In each evening session you will be introduced to powerful Soul Coaching techniques and there will be time for Soul Journeys—powerful guided meditations that take you to your source of wisdom within

When: Monday evenings 12th, 19th and 26th July 2010

Time: 7.30—9.30

Where: Ratoath Community Centre

Cost: €25 per evening—book all three for €65!

**For more information
and to reserve your
place,
contact Paula on
087 2486320 or
check out
www.oakwhispers.ie**

**ATTENTION ALL BUSY MUMS ! OAK WHISPERS
PRESENTS**

2, Norman Grove
Ratoath

Mailing Address Line 1
Mailing Address Line 2
Mailing Address Line 3
Mailing Address Line 4
Mailing Address Line 5